

Plain Menu July 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 Braised Beef Tips & Noodles, Beets Buttered Spinach Wheat Roll, Margarine Pears,	3 Hamburger/ Bun, Tomato/Onion/Lettuce Succotash, Baked Fries Watermelon Holiday pot-luck Bring a side dish or dessert	4 Closed for The 4th of July	5 Baked Chicken & Lemon Butter Sauce Garden Rice Green Peas Wheat Roll, Margarine Orange Sherbet	6 Beef Roast Mashed Potatoes Summer Squash Wheat Roll, Margarine Cake/Strawberries
9 Hungarian Goulash Green Beans Wheat Roll, Margarine Fruit Cup	10 Beef Patty Baked Hash Browns Creamy Slaw Wheat Roll. Margarine Jell-O-Cake	11 BBQ Pork/Wheat Bun, Sweet/Sour Cucumbers ½ Baked Sweet Potato, Margarine Black Eye Peas Pineapple/Marshmallows	12 Oven Fried Chicken Mashed Potatoes Seasoned Cabbage Wheat Roll, Margarine Fruit Cobbler	13 Hamburger Steak Roasted Red Potatoes Buttered Okra Wheat Roll, Margarine Peaches
16 Pork Cutlet Mashed Potatoes Buttered Spinach Wheat Roll, Margarine Fruit Cobbler	17 Baked Chicken Noodles Green Beans Wheat Roll, Margarine Pineapple Mousse	18 Beef Pot Roast Mashed Potatoes Gravy, Carrots Wheat Roll, Margarine Pudding	19 Oven Fried Chicken Seasoned White Beans Creamy Coleslaw Cornbread Baked Apples	20 Pork Chop & Gravy Cauliflower Seasoned Green Peas Wheat Roll, Margarine Fruit Ambrosia Gingersnap Cookie
23 Sweet & Sour Pork Steamed Rice Buttered Broccoli Wheat Roll, Margarine Fortune Cookie Fruit Salad	24 Layered Salad with Turkey/ Cheese/Peas Oat Bran Muffin Margarine Angel Food Cake	25 Roast Beef Pasta Salad Summer Squash Wheat Roll, Margarine Chocolate Pudding/ Marshmallows	26 Meat Loaf Mashed Potatoes Lima Beans Wheat Roll, Margarine Strawberries	27 Baked Country Fried Steak Mashed Potatoes/Gravy Spinach Salad Wheat Roll, Margarine Chocolate Cake
30 Tuna Salad, Cheese on Wheat Bread Potato Salad Black Bean/Corn Relish Mandarin Oranges	31 Herb Baked Chicken New Potatoes Stewed Okra/Tomatoes Wheat Roll, Margarine Peaches	Aug 1 Hamburger /Bun Lettuce/Tomato/Onion Baked Potato & Sour Cream/Margarine Garden Rice, Fruit Cup		